



Derbyshire Support Services for Young People and Families



Derbyshire Mental Health Support

Derbyshire CAMHS—Chesterfield Hospital

Tel: 01246 514412—main number

Urgent team (10am-10pm 7days) - 07901330724

Derbyshire Mental Health Support Service—0800 028 0077

Young Minds Crisis messenger 27/7—text YM to 85258

Kooth—Free online support for young people

<https://www.kooth.com/>

Compass Changing Lives - compass-uk.org – 01332 315569

Papyrus – Prevention of Young Suicide –

www.papyrus-uk.org

Childline freephone 24/7 – 0800 1111 – www.childline.org.uk

CALM – Campaign Against Living Miserably – 0800 585858

Live chat and Whatsapp functions

www.thecalmzone.net

SafeSpeak – free service for 5-18yr old – 0800 093 5264

Also has support for parents and carers

The Mix – www.themix.org.uk – advice and signposting

Domestic Abuse Support -Derbyshire

The Elm Foundation – 01246 540464 / 08000 198668

www.theelmfoundation.org.uk

999 in an emergency (press 55 if not able to talk)

Emergency SMS service if deaf or can't communicate verbally – text 999 to register and further instructions will be sent

Respect – male perpetrator support –

www.respect.org.uk

Refuge – for women and children – <https://refuge.org.uk>

SV2 – Supporting victims of sexual violence –

www.sv2.org.uk

Derbyshire Victim Support – 0800 612 6505 / text DVS to 82228

Karma Nirvana – support for victims and survivors of forced marriage and honour based abuse – 0808 599 9247

Mankind – national – men affected by domestic abuse – 0808 800 1170

Drug and Alcohol Support – Derbyshire

CGL – 01773 303646 – support for young people

Space4U – support for people affected by someone else's substance misuse-

<https://service.actionforchildren.org.uk/derbyshire/space-4-u/>

Live Life Better Derbyshire –

www.livelifebetterderbyshire.org.uk

Derbyshire Alcohol Support Service – www.daas.uk.com

01246 206514

DRP - -1246 206514 –

www.derbyshirerecoverypartnership.co.uk

Local Foodbank Support

Eckington Community Pantry –

www.rykneldhomes.org.uk/your-home/get-involved/in-the-community/eckington-community-pantry/

Trussel Trust

www.trussell.org.uk

Derbyshire Discretionary Fund -grants or emergency payments

www.derbyshire.gov.uk

Salvation Army

www.salvationarmy.org.uk/chesterfield

Safeguarding – Derbyshire

Call Derbyshire – 01629 533190 – if worried about a child choose option for children (also option for adults if worried about an adult)

Contact police in an emergency – 999

The Family Help Team – Derbyshire – Help for families with specific needs in a targeted, helpful way. –

<https://www.derbyshire.gov.uk/social-health/children-and-families/children-and-family-services.aspx>



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Self Harm Support

Self-harm UK – www.selfharm.co.uk/

Battlescars – www.battle-scars-self-harm.org.uk

CAMHS Chesterfield – 01246 514414 –
www.camhsnorthderbyshire.nhs.uk/self-harm

Bereavement Support – Derbyshire

Hope Again Helpline – 0808 808 1677

Child Bereavement Uk Helpline – 0800 028 8840

Email: helpline@childbereavementuk.org

Eating Disorder Support – Derbyshire

BEAT – 0808 801 0811

Youth Line – 0808 801 0677

First Steps – Derbyshire –
<https://firststepsed.co.uk/>

Young Carers – Derbyshire

<https://derbyshirecarers.co.uk/young-carers-service>

Free Talking Therapies – 16yrs +

Trent PTS – 01246 387488 / www.trentpts.co.uk

Talking MH – 01246 274812

www.derbyshirehealthcareft.nhs.uk/contact-us

Relate - children and adults - -1246 231010

www.relatechesterfield.org.uk

LGBTQIA+ support

Galop – National support – www.galop.org.uk

Derbyshire LGBTQIA+ - [Derbyshire LGBT+](#)

Neurodiversity support

Derbyshire ND support - [Neurodevelopmental Support - Derbyshire Local Offer](#)

ND Hubs - [Derby & Derbyshire - Emotional Health & Wellbeing](#)

Health and Wellbeing Support – Derbyshire

Chathealth – <https://chathealth.nhs.uk>

Derbyshire School Nursing Team (info/advice)

derbyshirefamilyhealthservice.nhs.uk

Derbyshire and Derby Emotional Health and Wellbeing –
advice/signposting

<https://derbyandderbyshireemotionalhealthandwellbeing.uk>

Sexual Health Service – advice and support and STI check in
young people

www.yoursexualhealthmatters.org.uk

C Scheme –

www.yoursexualhealthmatters.org.uk/contraception/

Eckington School support:

Safeguarding Concerns – Mrs Pearce-Brown/Mrs Moor

safeguarding@eckington.chorustrust.org

School support emails for students:

antibullying@chorustrust.org

pride@eckington.chorustrust.org

Other support available:

- Pastoral Support Programme – year teams
- SEMH (social,emotional,mental health) – Mrs Clifton
- Early Help support – Mrs Grundy