

Careers Education @ Eckington School.

My Next Steps

Careers learning, called **Careers Education, Information, Advice and Guidance (CEIAG)** is taught to all years within the school. In **Key Stage 4** all students are entitled to:

- **Develop Self Awareness:** Recognise how you are changing, what you have to offer and what is important to you.
- **Develop Self-Determination:** Explain how you manage your wellbeing, progress and achievements
- **Focus on self-improvement:** Reflect on how you benefit from careers, employability and enterprise activities and experiences.
- **Explore careers and career development:** Discuss the skills involved in managing your own career
- **Investigate work and working life:** Explain how working life is changing and how this will impact you.
- **Investigate jobs and the labour market:** Be able to find Labour Market Information and know how to use it to support your future plans.
- **Value equality, diversity and inclusion:** Recognise and challenge stereotypes, discrimination and other barriers to equality and inclusion. Know your rights.
- **Learn about safe working practices:** Learn about the laws to protect you and how to minimise risks.
- **Develop your career management skills:** Build your network of support, and know how to access impartial face to face and digital careers information and guidance.
- **Prepare for employability:** Develop your qualities and skills that employers are looking for which will help you to improve your employability.
- **Develop personal financial capability:** Be able to manage financial issues related to your education, training and employment.
- **Identify choices and make decisions:** Be able to research and evaluate all types of progression pathways
- **Planning and Deciding:** Be able to make plans and understand what qualifications, skills and experience you need and deal with influences on you.
- **Handle applications:** Know your rights and responsibilities in the recruitment process and how to improve your chances of success.
- **Manage change and transition:** Prepare for future moves in education, training and employment.

Key places to get advice and guidance

- The **Virtual Mentoring Room** is available during break and lunch times, with staff that can help you find the right online support.
- Attend a drop in session with a Careers Advisor in the library every **Tuesday lunch time**.
- Ask your form tutor to make you an appointment with Mr Holloway. the Careers Advisor
- See Mrs Warren-Arms in the 6th form centre who can help you arrange a work experience placement or mentoring opportunity.

My Careers Platform Login Details

UNIFROG www.unifrog.org

Sign in: Your school email address

Password: _____

(if you forget or don't know your password select password reset option, then check your email address for a link to get logged in)

