PHYSICAL EDUCATION

Mid-Year Expectations		End of Year Expectations
Higher Prior Attainer	Development of practical skills in a range of sports	Development of practical skills in a range of sports
	 Students consistently perform more advanced skills in isolation and demonstrate these skills more often in competitive situations. 	 Students can make accurate and confident decisions when officiating in full sided games and competitions. They can confidently officiate in a range of roles /responsibilities in most activity areas.
	Decision making skills	Decision making skills
	 Students are proactive in employing tactics to be successful in competitive games, in addition to responding to opponents' tactics. Know suitable tactics that would be appropriate to use 	 Students understand and demonstrate that success takes hard work and dedication. Students show a high degree of empathy towards their peers and show support and encouragement.
	in order to be successful.	Students show resilience in activities they find challenging.
	Personal Development	Personal Development
	 Students can make accurate and confident decisions when officiating in full sided games and competitions. They can confidently officiate in a range of roles /responsibilities in most activity areas. 	 Students can employ suitable tactics to counter opponents' performance and be successful in a competitive situation. They know a range of tactics that can be used even if they are not successful.
	 Students competently lead others in tasks or group activities. 	Knowledge and understanding of health and physical activity
	Students competently lead others in tasks of group activities.	 Students are consistently and effectively selecting and applying a variety of core and advanced skills.
	Knowledge and understanding of health and physical activity	
	 Students can make accurate and confident decisions when officiating in full sided games and competitions. They can confidently officiate in a range of roles /responsibilities in most activity areas. 	



PHYSICAL EDUCATION

Mid-Year Expectations		End of Year Expectations
Middle Prior Attainer	Development of practical skills in a range of sports	Development of practical skills in a range of sports
	 Students can use skills effectively to perform effectively under pressure (eg a competitive situation) and attempt to use more advanced skills although they may not be successful. 	 Students are confident to perform more advanced/complex skills in isolation. Students attempt to perform advanced skills successfully in competitive situation.
	Decision making skills	
	 Students can plan and apply simple tactics and strategies to use in competitive situations with some success. 	Students can show they understand tactics and composition when performing, to respond to opponents' performance, adapting their
	Personal Development	performance around opponents' weakness to gain an advantage.
	 Students show confidence to adapt their performance around opponents' weakness to gain an advantage. 	Personal Development
	 Students confidently take on a leadership role and lead small groups in certain tasks. 	 Students consistently apply good levels of effort in all PE lessons. Students are starting to discuss tactics with their team and decide on tactics, attempting to use these within a competitive situation with the
	Knowledge and understanding of health and physical activity	aim of being successful.
	Students can take the role of official (scoring / timekeeping / linesman / umpire) in the activities that they feel most confident and can make decisions with an understanding of the rules	 Knowledge and understanding of health and physical activity Students can identify the benefits of physical activity to include the long term benefits on the body system
	 Students can confidently describe the short-term effects of exercise and identify at least 3 beneficial long-term effects of exercise in the context of a healthy active lifestyle. 	



PHYSICAL EDUCATION

Mid-Year Expectations		End of Year Expectations
Lower Prior Attainer	Development of practical skills in a range of sports	Development of practical skills in a range of sports
	 Students can demonstrate at least 3 core skills in each activity with some consistency. They try to apply these within pressured situations with some success. 	 Students consistently select and apply core skills within a pressured situations with more success.
	Decision making skills Students consistently demonstrate simple decision making skills in activities and games e.g. how much power to put into the pass.	Students start to select and apply simple tactics (provided by teacher or peer) to use in a competitive situation.
	the pass.	Personal Development
	Personal Development	Students consistently apply good levels of effort in all PE lessons.
	 Students more confidently identify strengths and weaknesses in their own performance and suggest ways to improve. 	Knowledge and understanding of health and physical activity
	Knowledge and understanding of health and physical activity	 Students can identify at least 3 benefits of exercise on the body systems.
	 Students identify the short term effects of exercise on the body and fitness levels. 	 Students try and officiate small scale competitions (e.g. 3v3) and whilst officiating can communicate with some confidence.
	 Students continue to improve confidence when officiating small sided games. 	

